

Spirit Rock adorned with Abalone Shells

www.indiancanyonlife.org
www.indiancanyon.org

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Costanoan Indian Research, Inc. Is a 501(c)3 nonprofit organization that exists to support the educational and cultural conservancy work at Indian Canyon. To make a cash or in-kind charitable gift or to include Costanoan Indian Research in your estate plans, please contact us. info@indiancanyonlife.org

Ann-Marie Sayers cofounded the CIR organization; opening her ancestors land for all in need of land for ceremony. Indian Canyon hosts the non-profit organization in the secluded Cienega Valley in San Benito County. Indian Canyon is a safe haven and must be treated as such. It is a full time job for its permanent occupants, always caretaking and honoring mother earth. Help is always welcomed.

Under the CIR, Inc 501c3, people in need of Community Service hours can complete their requirements at Indian Canyon. Interns and College students can also attain course credits for their studies. All help is welcome; be it a monetary donation or of time and prayers. Even just being nice to Mother Earth and making a pledge to the earth helps.

I pledge to the earth that I will:

- Pick up 10 pieces of litter a day.
- Plant 1 tree every month for one year.
- Use less water while brushing their teeth/bathing.

How you can help Indian Canyon:

- Volunteer some time.
- Make a donation:
 - Helpful funds, or materials
 - Land maintenance tools (gloves,rakes,shovels, picks, spades, sheers, wheelborrows, tractors, etc)
- Your skills, services, internship
- Grant writers welcome
- Spread the word of helping

What is Indian Canyon?

At times the canyon is a source of inspiration, at times it is a source of dreams, at times it provides a freedom, like a deer walking in a evening meadow; at times it is a song forever singing, at times it is a sunshine that flashes clear through my being, At times it is a dream, sweetly evasive; at times it is a whispered message, "You are forever welcome." That is all. Babe - Darryl Wilson

Long drawn out healing for future generations
- Noel Oard Mapstead

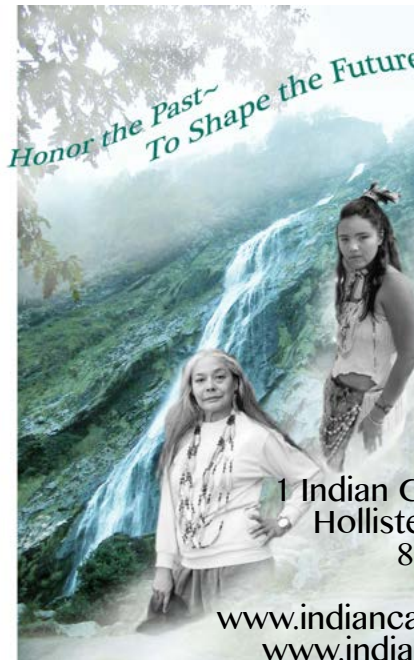
A safe place to feel the Spirit.... -Nancy Fairchild

Peace, prayer and community
-William Underbaggage

Spiritual land where I can pray and commune with the ancestors and The Creator without distraction. -Alberto Fregoso

Native Ohlone Heritage-sacred land.
-Tzinflas MoZep

A refuge & sacred place -Bernadette Zambrano



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Indian CANYON



Honor the Past - To Shape the Future

Serving as a safe haven for Indigenous peoples in need of land for ceremony - pre and post contact



501(c)3 Non-Profit Organization

What Is Indian Canyon and CIR

The Costanoan Indian Research, Inc. is a non-profit 501(c)3, located in Indian Canyon, Hollister California.

Indian Canyon is the only federally recognized "Indian Country" between Sonoma and Santa Barbara, and has been sacred land and home for Costanoan Ohlone people for thousands of years.

Why is it Important?

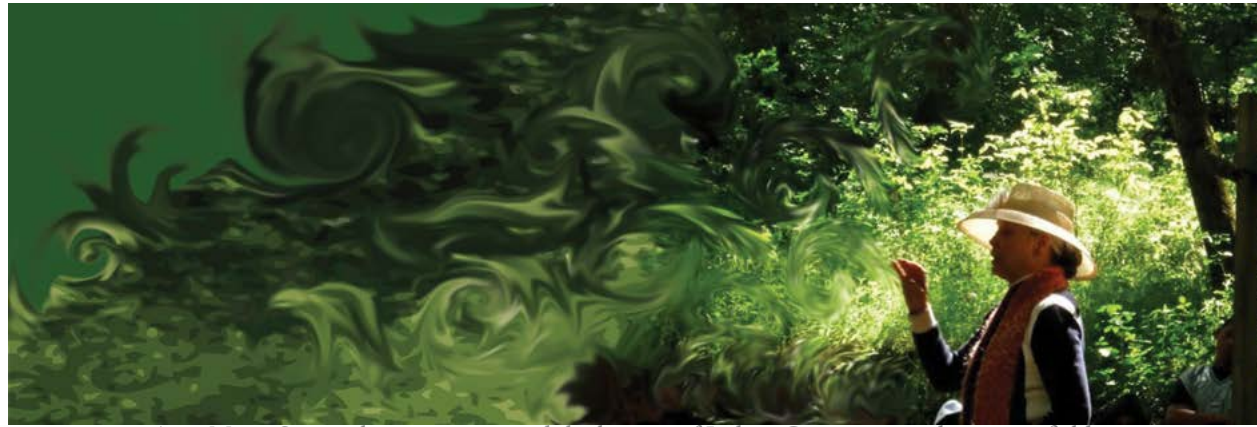
Every year thousands of people come to this land for educational programs and to hold traditional indigenous ceremony.

Mission

Our mission is to serve the Ohlone/Costanoan people and the ancestors through ongoing protection and care for the land, traditions and people, to support all California Indian people through educational and cultural programs, and to serve the spiritual needs of indigenous people throughout the San Francisco and Monterey Bay region by offering traditional lands for their ceremonies

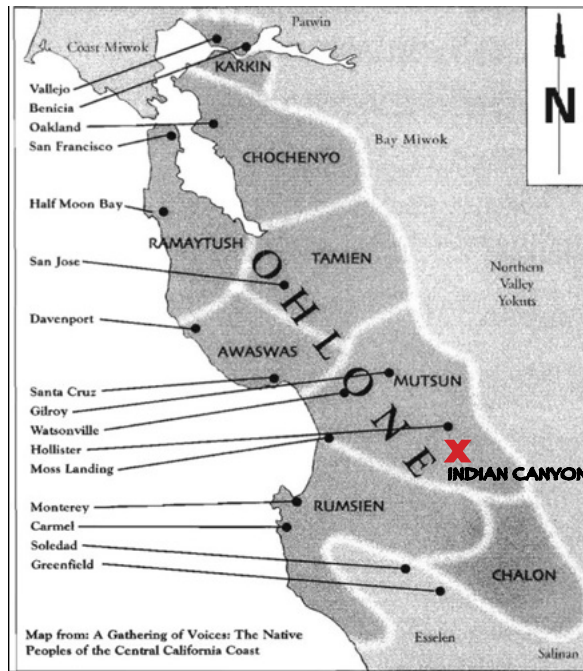


Healing Pole carved by Shane "Tonu" Eagleton near our Spirit Rock adorned with abalone shells



Ann-Marie Sayers sharing stories and the history of Indian Canyon to students on a fieldtrip

Indian Canyon is the only land continuously held by the Ohlone people, the first inhabitants of the San Francisco and Monterey Bay Areas. Indian Canyon is the only federally recognized "Indian Country" along coastal Northern California From Santa Barbara to Sonoma.

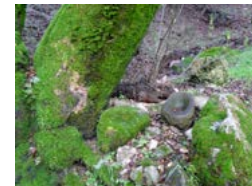


In order to provide a place for Indigenous people who need land for ceremony, Indian Canyon hosts over seven sweat lodges, beautiful arbor area for gatherings, and offers an arbor/dance pit (site for our future traditional Village House) for special events.

In addition to offering 30-40 areas for individual prayer and ceremony. Indian Canyon provides research and exchange opportunities for students and interns from throughout Northern California.

All kinds of wildlife, flora and fauna, can be found in Indian Canyon, including Coastal Live Oak, Madrone, Buckeyes, Sycamore, Pine and Cottonwood, Deer, Red-tail hawks, Stellar Jays, Owls, Hummingbirds, Foxes and Coyotes, along with the occasional visiting Condors (during ceremony visiting from Pinnacles Park who are reintroducing Condors to the area). Located south of Hollister, this private remote Canyon may be visited by invitation.

Indian Canyon is a living Indian Heritage Area. Ceremony holds a crucial place in the life of Native People. It is the expression and continuation of our relationship to the earth and our own history. Ceremony is an anchor for identity for tribes, families and individuals. Interns from University of California, Santa Cruz, JFK University, San Francisco State University, UCLA, De Anza, CSUMB frequently receive college units for their studies while they intern here.



Join Indian Canyon

Costanoan Indian Research Inc. is a registered 501c3 Native American non-profit organization at Indian Canyon, in Hollister, California. **Federal ID # 68-0287736.** Our mission is to provide culturally sensitive and relevant Native American ceremonial sites and traditional community gathering areas for all Native Americans who need traditional land to conduct their cultural and spiritual activities. Many of our cultural and educational events are open to the whole community.

Please fill out the following form and mail it to the Costanoan Indian Research office along with your tax deductible donation.

*We thank you,
your generosity continues
our great work*

Name _____

Address _____

Phone _____

Email _____

We appreciate your support in the form of your tax-deductible donation of:

Monetary gift for general administrative costs
or specific events/activities as earmarked: _____
Gifts described & valued at: _____
In-kind/Matching funds: \$ _____
Services/Goods described & valued at: _____

I want to volunteer

Please make cheques/money orders payable to Costanoan Indian Research Inc. and make sure to earmark what your donation is specifically for. With many thanks and a happy heart!

No-so-n,
Ann-Marie Sayers,
Tribal Chairperson Indian Canyon