

Local Native peoples thrived here for countless generations because they knew how

its other inhabitants. They used specialized
land management techniques, like
landscape burning, to increase
habitat diversity. Such methods
increased the numbers of,
and improved the health
of, the plants and wildlife
on which people relied.
Their social, political,
economic, religious,
and material heritage
is profound.

All maps in this brochure approximate the landscape as it existed in the late 1700s and 1800s except the one on the back cover.

Clamshell disk bead and abalone shell pendant necklace made by Linda Yamane (Rumsien Ohlone), draped around an abalone shell.

Soaproot brush made by Ramona Garibay (Jalquin/Saclan Ohlone/Bay Miwok).



Ramona Garibay cracking dried black oak acorns for acorn soup.



Jalquin/Saclan elder Ruth Orta sharing a photo and stories of her mother with her daughter Ramona Garibay, granddaughter Rita Rodriguez, and greatgranddaughter Athina Rodriguez.

## Today's Ohlone, Bay Miwok, and Delta Yokuts Peoples

Today's Ohlone, Bay Miwok, and Delta Yokuts peoples maintain distinct cultural communities. They find pride in preserving ancestral knowledge, beliefs, values, arts, skills, languages, foods, and spiritual traditions. They're bringing these forward into the future in both new and old ways. Today's Native communities are diverse, as were those of their ancestors. They honor their ancestors and enduring connections to traditional homelands by advocating for environmental protection, restoring Native land management practices, and working to preserve and protect ancient sacred, village, burial, and other sites. Three Ohlone/Costanoan tribes have submitted petitions for federal recognition.

## To Find Out More

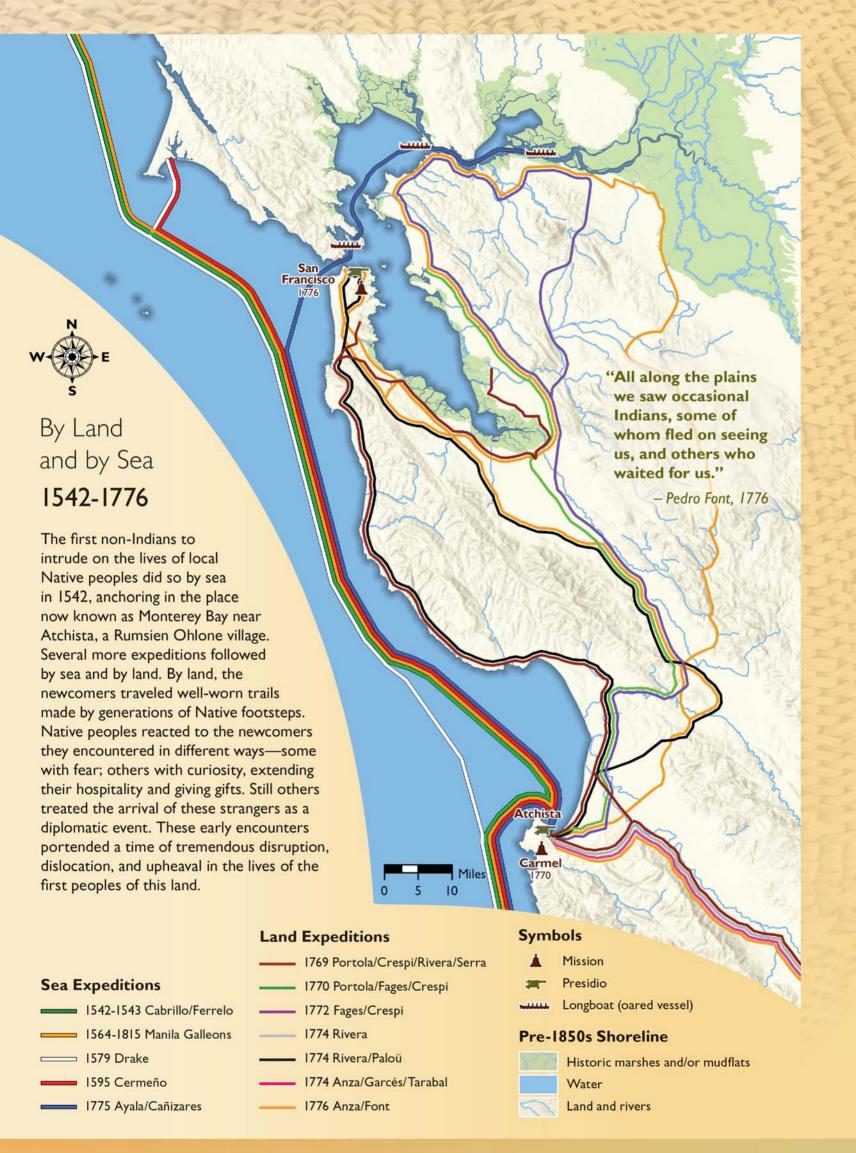
If you'd like to find out more about the history and cultures past to present of the first peoples of this land, these two online books are a good place to start.

Milliken, Randall, Lawrence E. Shoup, and Beverly R. Ortiz
2005 Ohlone/Costanoan Indians of the San Francisco
Peninsula and Their Neighbors, Yesterday and Today.
San Francisco: Golden Gate National Recreation
Area. To download a copy go to nps.gov/goga.

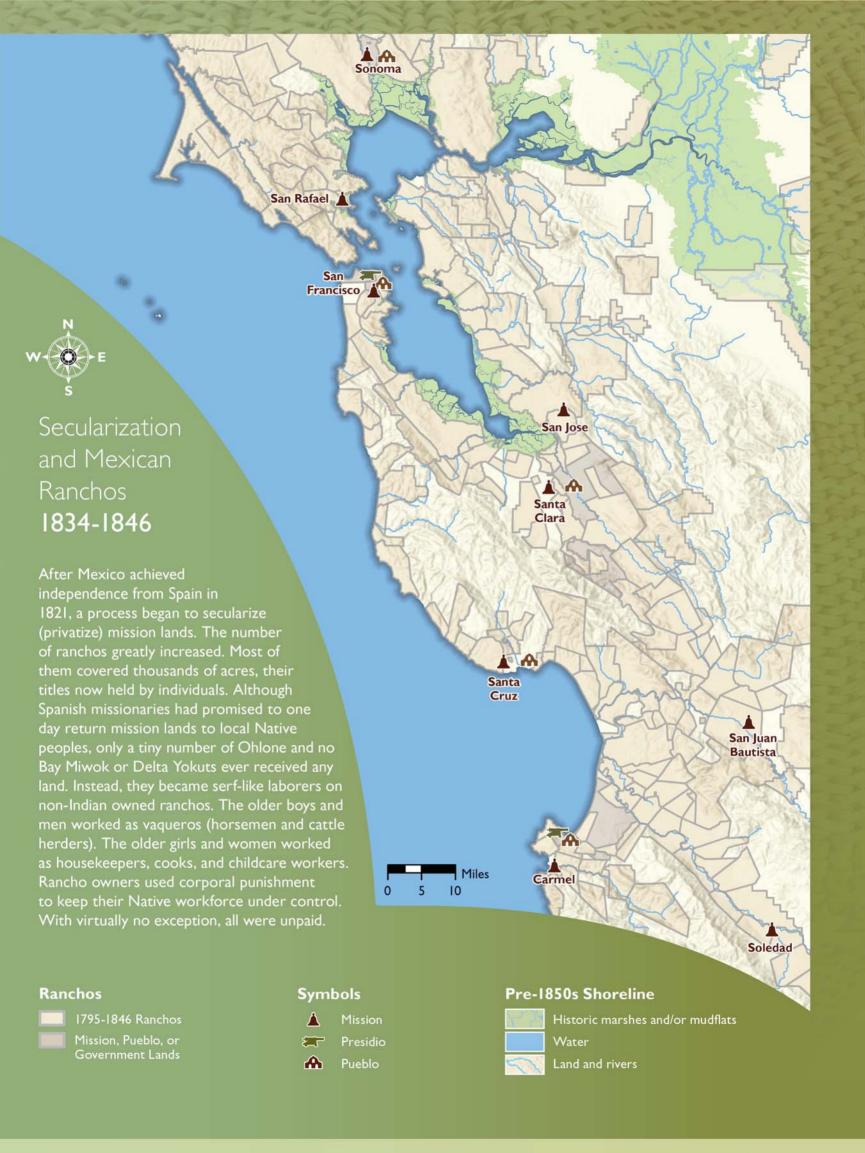
Ortiz, Beverly R.

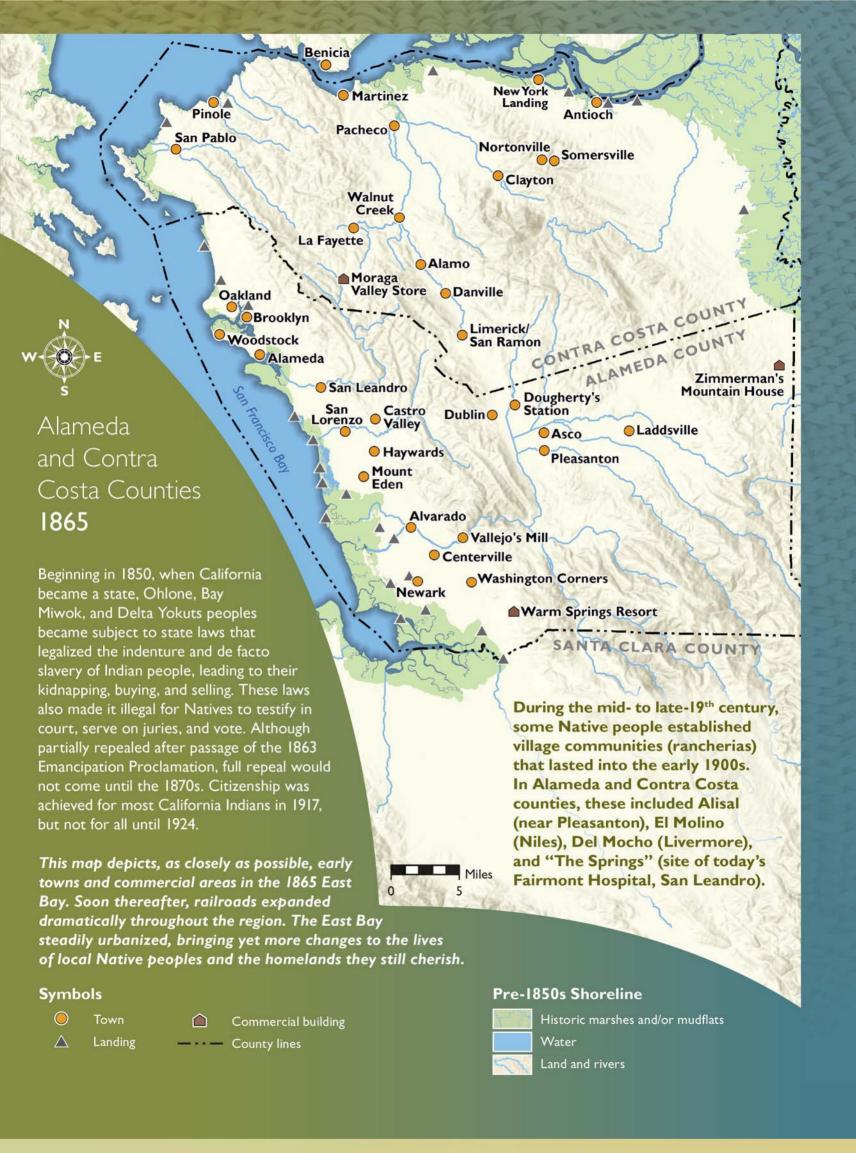
2015 Ohlone Curriculum with Bay Miwok Resources and Introduction to the Delta Yokuts. Oakland: East Bay Regional Park District. To download a copy go to ebparks.org.

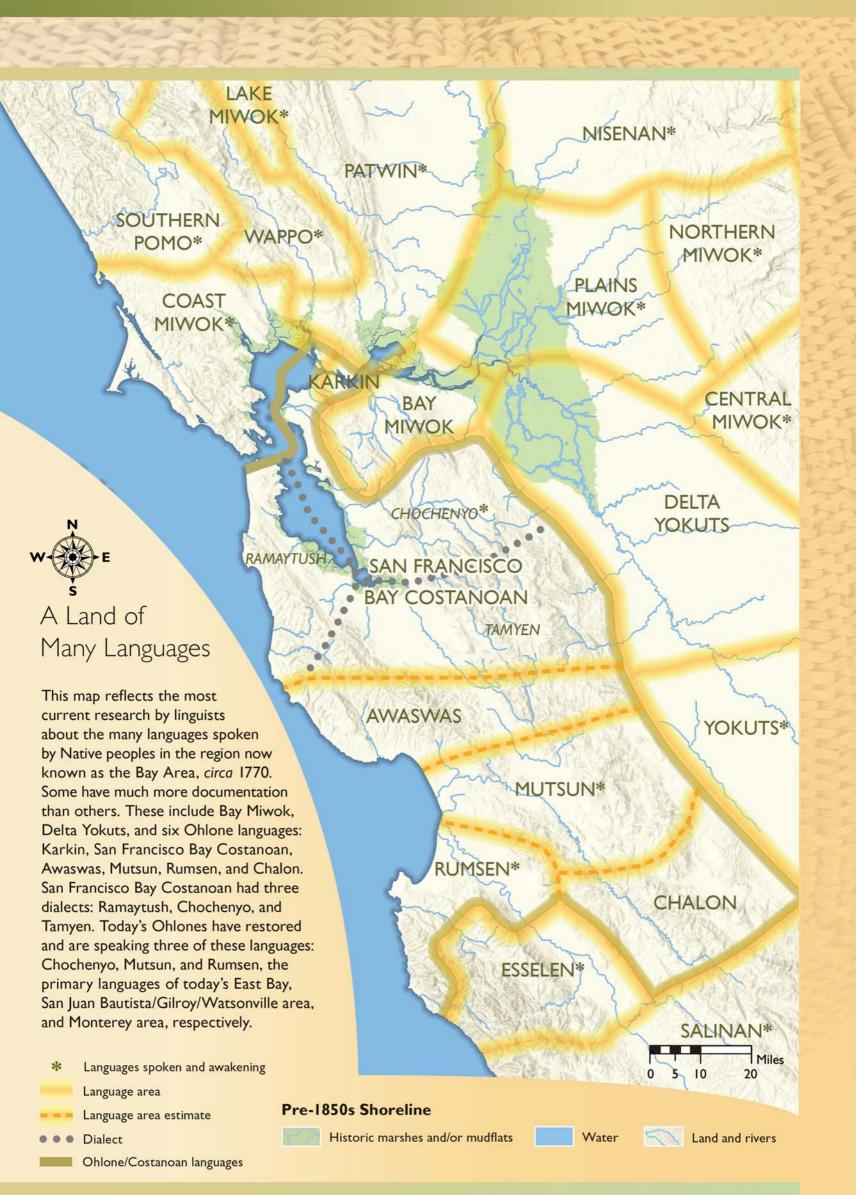


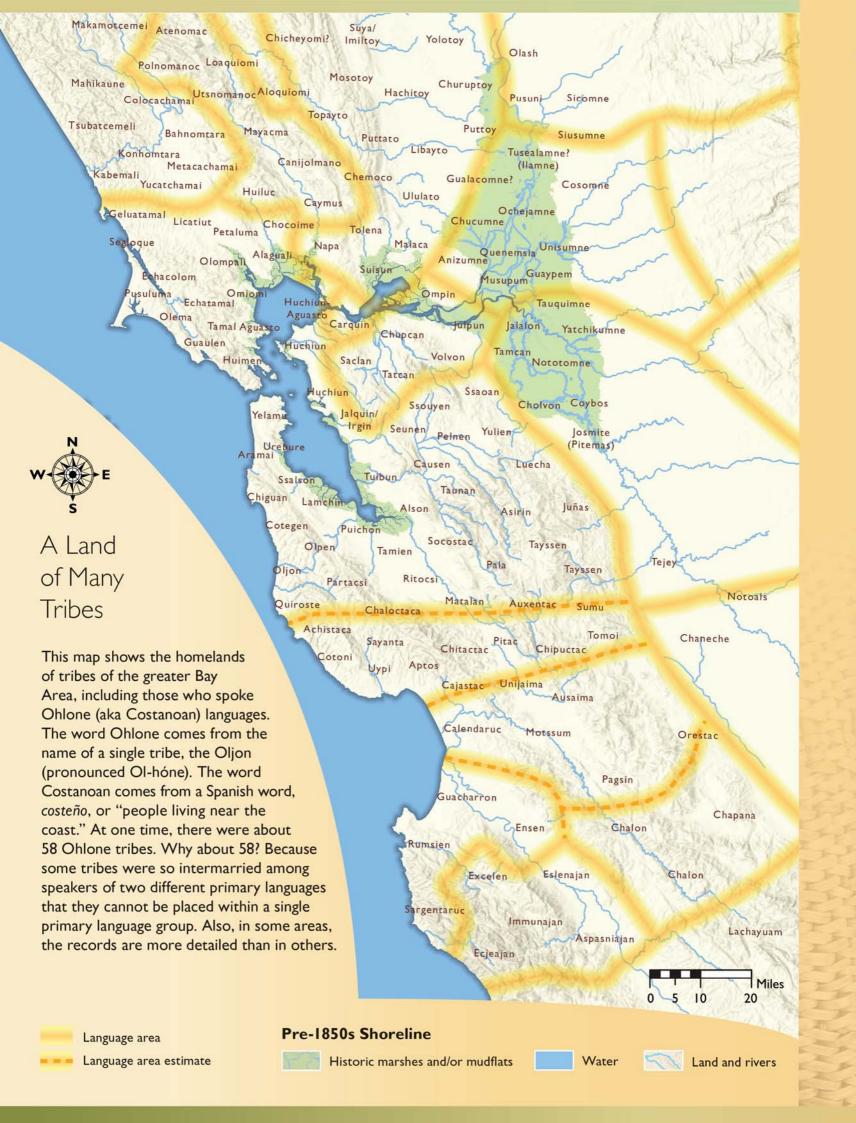














## The Region Now Known as the East Bay



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